



The **BENEFIT** of **CONTENT RESTORATION SERVICES** – *after a DISASTER*

Disaster-related damage has costs businesses and homeowners up to \$2.850 trillion. When a disaster hits your home, it doesn't leave the interior untouched. Recovering from a disaster extends beyond the structural aspects of a property. Personal belongings hold immense sentimental value and are an integral part of your family's lives. Therefore, it is crucial to ensure that these items are restored to their pre-loss condition.

Extreme weather impacts everything inside your home, including appliances, furniture, and important documents. This leaves you with the overwhelming task of cleaning, sorting, and replacing damaged items. Contents restoration not only helps you recover your cherished possessions but also provides a much-needed sense of normalcy and stability

ty during the recovery process. If you are wondering how beneficial this service is read on to discover the benefits of content restoration services.

RESTORE ITEMS

Disaster outcomes can have devastating effects on not only your home but also your bank account.

See "CONTENT Restoration" on next page

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CONTENT Restoration... continued from page 1

Fortunately, it is possible to get some of your belongings back.

Restoration services can help you restore heirlooms, electronics, and furniture.

However, keep in mind that the process will depend on the severity of the disaster, the item, material, and time.

To restore valuable items, contact your local restoration company. Prolonging the issue can worsen the condition and cause more damage.

REDUCE COSTS

As a property owner facing thousands of dollars in damages, cleaning, repairing, and restoring items allows you to return them to pre-loss condition. It reduces the cost of your loss by preventing you from buying new items to replace them.

Also, during content pack out, the professionals categorize your items into salvageable and non-salvageable.

Experts pack and move restorable items into a facility for content cleaning. Your non-salvageable

belongings will be documented and photographed, which is invaluable when filing your claim with the insurance company to receive payment for your losses.

RECEIVING HELP FROM THE PROFESSIONALS

Another benefit of hiring content restoration services is having them help you clean up. Aside from restoring items, the professionals give a hand in clearing out the property.

In the content pack out, you can focus on cleaning the surroundings. For instance, a fire broke out and burned a part of your home or business. Instead of having to move the items out, you can sweep the floors, wipe surfaces, or work on removing odor. You can leave categorizing, packing, and moving to the pros.

GET YOUR LIFE BACK FAST

When a disaster happens, the damage can range from mild to severe. If you experience the latter, opting for content restoration is the quickest way to getting your life back on track.

Upon arrival, the professionals begin their operation with the pack out, moving all restorable items to a facility where they have expert equipment to meticulously clean and repair your belongings. Then, the servicing company packs and stores them.

Depending on the damage and number of items to be restored, content cleaning can take a few days to months. The company will deliver your items once they have completed the restoration process.

WHY DO YOU NEED CONTENT RESTORATION SERVICES?

Working with a content restoration company allows you to focus on other issues, such as getting your insurance claim started and getting your life back to normal.

When it comes to content cleaning, you can rely on **Service-First, Your Restoration Hero**. We offer reliable restoration services, ensuring a stress-free physical recovery. Contact us today for more tips, help or to schedule an appointment.

The Good Life



Good Clean Funnies

What do you call a flower that runs on electricity? A power plant!

What do you call an illegally parked frog? Toad!

What does a lemon say when it answers the phone? Yellow!

What does an evil hen lay? Deviled eggs!



This egg and sausage casserole is easy to make and always a hit. The recipe was given to me by a friend several years ago. Co-workers beg for it, and it's my husband's favorite!

Ingredients

- 1 pound pork sausage
- 8 eggs, beaten
- 2 cups shredded mozzarella cheese
- 2 cups shredded Cheddar cheese
- 1 teaspoon dried oregano
- 1 (8 ounce) package refrigerated crescent roll dough

Prep Time: 15 mins

Cook Time: 35 mins

Total Time: 50 mins

Servings: 12

Egg and Sausage CASSEROLE

Directions

Preheat the oven to 325°F. Lightly grease a 9x13-inch baking dish.

Cook sausage in a large, deep skillet over medium-high heat, until evenly browned, 7 to 9 minutes. Drain and crumble into small pieces.

Mix beaten eggs, mozzarella, Cheddar, and oregano together in a large bowl.

Line the bottom of the prepared baking dish with crescent roll dough, then sprinkle crumbled sausage over top. Pour egg mixture over sausage.

Bake in the preheated oven until a knife inserted into the center comes out clean, 25 to 30 minutes.

Recipe courtesy allrecipes.com



Why You Should PASS on the PEROXIDE

Every year, countless minor injuries occur in homes, garages and backyards across the country. The immediate instinct for many is to reach for a familiar brown bottle of hydrogen peroxide or a swab of rubbing alcohol to "clean" the wound.

For decades, these antiseptics were considered a cornerstone of wound care. However, it has been discovered that they often do more harm than good. While effective at killing bacteria, solutions like peroxide, alcohol and iodine also attack the delicate new cells your body sends to repair the damage. This can delay healing, increase inflammation and lead to more noticeable scarring. In short, you may be sabotaging your body's attempts to heal.

What should you do when a superficial cut or abrasion occurs?

✓ **Wash your hands.** Scrub your hands for

20 seconds with soap then rinse with water.

✓ **Then, gently clean the wound with mild soap and lots of clean, running water.** This method effectively flushes out debris and bacteria without harming the wound.

✓ **After patting the area dry, you can apply a thin layer of antibiotic ointment (if there are signs of infection) or plain petroleum jelly.** Follow this process and keep the wound covered with a clean bandage for the first week to ensure it remains moist. A moist environment is proven to heal faster with less scarring than a dry, scabbed one. If it's not healing, call your healthcare provider.

Effective home care of a wound requires more than just proper cleaning. Some wounds should not be handled at home. Learn when you should call a doctor or go to your nearest emergency room or immediate care center.

True preparedness is more than having a first-aid kit in your closet; it's about having the correct knowledge to use it.

What You NEED to Know About AI SCAMS

You've probably heard about the amazing things artificial intelligence (AI) can do, from quickly creating written content and images to making videos that appear real, even when they're fake. What can consumers do to protect themselves?

The U.S. Postal Inspection Service is sharing some **red flags** that can help you avoid AI-generated traps and what you or a loved one can do if you are a victim of fraud.

AI is being used in many different types of fraudulent schemes including quick phishing in the form of emails or texts supposedly from a reputable company, "long cons" like romance, investment, or cryptocurrency scams, and even "tech support." **Watch for these things:**

• **Skimpy social media.** The "person" contacting you has an inconsistent or thin social media footprint - few friends, recent account

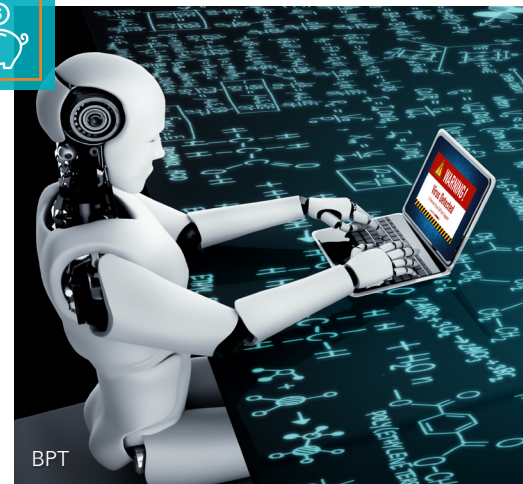
creation, comments that don't seem natural, or images that don't match name/profile details.

• **Odd website/email address.** Tiny misspellings, weird fonts, non-secure websites asking for login information, or a return email address that doesn't match the website domain asking for information (Example: john.doe@USPSUS.com when USPS.com is the actual domain name).

• **Requests to communicate off-platform,** like WhatsApp, Telegram, or a separate, private email address. If so, platform security protections won't apply.

• **Audio/video inconsistencies.** Lip-sync timing is off, weird lighting/jerky motion, or a voice that doesn't match the person you know.

• **Too-good-to-be-true offers.** Do they promise guaranteed high returns or "exclusive" opportunities? They likely won't pay out.



Even if you think the person or company contacting you is legitimate at first, always double check by going straight to the source.



A Day to Honor and CELEBRATE Dad

The ancient origins of Father's Day began in Babylonian when a youth named Elmesu carved the first known Father's Day card in clay nearly 4,000 years ago. His special message wished his father good health and a long life.

Father's Day as we celebrate it in the United States was the work of Sonora Louise Smart Dodd of Spokane, Washington. In 1909, she first proposed the idea of a "father's day" when she wanted a special day to honor her father, William Smart.

Mr. Smart was a Civil War veteran, who was widowed when his wife died in childbirth with their sixth child. Despite obvious hardships, he proceeded to raise all his children alone on a rural farm in eastern Washington. It was her father that made all the parental sacrifices and was, in her eyes, a courageous, selfless, and loving man.

Since Sonora's father was born in June, she chose the first Father's Day celebration in Spokane, Washington on June 19, 1910.

But the holiday faced resistance for years following that first celebration. Many viewed it as a commercial gimmick to mimic Mother's Day, and some men deemed the sentimental, gift-giving aspect unmasculine.

Finally in 1924 President Calvin Coolidge expressed his support of the idea of a national Father's Day. The holiday was officially recognized in the US by a Joint Resolution of Congress in 1956. A decade later, President Lyndon Johnson signed a presidential proclamation declaring the 3rd Sunday of June as Father's Day and in 1972, President Richard Nixon finally established the third Sunday of June as the permanent national observance of Father's Day in the United States.

During the 1930s and 1940s, retailers—particularly those selling ties, pipes, and sports goods—promoted the holiday to boost sales during the Great Depression and later to honor troops during World War II.

Upcoming Events... *Don't miss out!*
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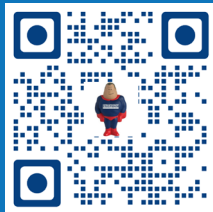
BOYS & GIRLS CLUB

Back to School Campaign

July 1- Aug 10, more information at

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BACKPACKDRIVE/



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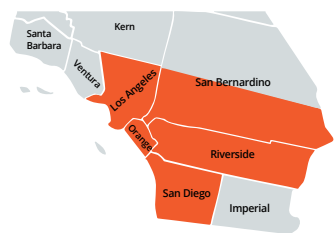
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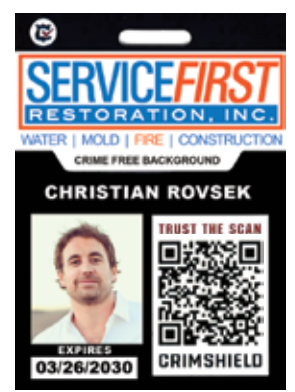
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